

**Parish Extend Dance Academy
Performance Handbook/Information Packet
Spring 2024**

I hope your children are excited about the May 11th dance performance! They are practicing their dances in class, and costumes are on the way!

A rehearsal is scheduled on Saturday, May 4th in Eller Hall located in the Noble Family Performing Arts Center at the Midway campus. A finale dance for dance performance will be taught during the rehearsal and students will practice this dance in class the last week of Extend classes. This is a simple dance to bring all dancers together as a finale to the performance. During rehearsal, the dancers will practice on the stage, find their performance dance spot, and become comfortable with the space. Please pack a water bottle and snack. Costumes are not required.

Please email or call me if you have any questions and let me know if your child is unable to participate in the Midway dress rehearsal so I will know who to expect for each dance. Contact details can be found below.

Following, please find important details about performance logistics, checklist, etc.

Rehearsal Saturday, May 4 from 9-11:30am

Performance Day Show A- Saturday, May 11, 2024

Schedule:

- 9:00 a.m. Call time (arrival) for all dancers
- 9:50 a.m. Doors open for audience
- 10:00 a.m. Showtime!

Logistics:

- All dancers should have hair, makeup, and accessories ready before arriving.
- All dancers will gather in the black box which will serve as the backstage area. Parents are not permitted to enter the black box.
- Staff and Upper School Dance Company will be backstage to assist the dancers.
- Dancers with more than one dance will be provided with a changing area. Please bring both costumes backstage.
- Everyone is encouraged to stay for the entire performance. There is a finale piece this year.

Rules for Performance Space

- Dancers should wear a cover-up over costumes until performance time, so as not to ruin the element of surprise!
- No food or drinks allowed backstage or in the Eller.
- Dancers should stay in their designated areas and stretch while waiting to appear onstage.
- No flash photography!

Checklist for Performance Day

- Costume
- Dance shoes
- Tights, consider packing an extra pair in case of an emergency
- Extra hair supplies for last minute emergencies
- Hairspray/gel
- Bobby pins
- Hairnet for ballet bun (optional)
- Makeup
- Cover up for costume (e.g., button down, robe)
- Change of clothes for after the performance (optional)
- Water in a spill proof sealed container
- Remove all fingernail and toenail polish for the show
- No jewelry unless otherwise approved by your dance instructor
- Always a positive attitude and lots of energy to dance!!!

Tips to Create a Classical Ballet Bun

- Dampen hair with water, conditioner, or shine serum
- Put hair in a ponytail with an elastic band in the center of the head or a bit higher
- Grab hair and twist it, wrapping it around the elastic
- Wrap hair net around bun and secure it with bobby pins
- Apply hairspray or gel on hair to keep it in place and to get rid of wispy, flyaway strands of hair

Performance Venue Information

Parish Episcopal School
The Noble Family Performing Arts Center - Eller Hall
4101 Sigma Road
Dallas, TX 75244

Contact Information:

Director: Jessica J. Robinson, jrobinson@parish.org
Office: 2130, Phone: 972.239.8011 x.2167
Mobile: 601.201.7302 (Emergency Only Please!)