

# Get the Perfect Fit

Our sizing is a little bit different than mainstream retail, but our detailed [sizing charts](#) and [measuring guide](#) make it easy to ensure you get a great fit every time. You are welcome to take your child to get fitted at the store, if your school is zoned to a local store. Schools that do not have a local store can make a Virtual Fit Appointment or call customer service at (800) 541-1850 for personal advice on sizing and fit and popular styles.

Refer to the sizing charts, organized by gender and garment type, and select the appropriate size based on body measurements as shown below. Note that Child/Youth (C) sizes generally fit ages 2 to 12. Teen/Adult (T) sizes generally fit ages 13 to 18.

## SIZING CHARTS

### Girls' Sizing Charts

\*\*Garment lengths of girls items are +/- 1 inch depending on style

Girls' Broadcloth Peter-Pan Blouse, Girls' Broadcloth Short-sleeve Shirt, Girls' Broadcloth Peter-Pan with piping Blouse

Girls/Child 3	Child/Youth XX Small	34-37	30-34	21	19
Girls/Child 4	Child/Youth X Small	37-42	34-40	22	20
Girls/Child 5	Child/Youth X Small	39-44	38-42	23	21
Girls/Child 6	Child/Youth Small	43-48	42-50	24	22
Girls/Child 7	Child/Youth Small	47-52	50-56	25	22
Girls/Child 8	Child/Youth Medium	50-53	55-61	26	23
Girls/Child 10	Child/Youth Medium	51-55	59-69	27	24
Girls/Child 12	Child/Youth Large	55-60	67-85	28	26
Girls/Child 14	Child/Youth Large	57-61	84-95	30	27
Girls/Child 16	Child/Youth X Large	59-63	94-104	31	29
Teen 30	Child/Youth X Large	-	-	29	24
Teen 32	Child/Youth X Large	-	-	32	26
Teen 34	Teen/Junior Small	-	-	34	30

Girls' Fit Polo, Girls' Oxfords, Girls' Cotton/poly Spandex Cap-sleeve Blouse, Girls' Fit Cardigan and Girls' Fit Outerwear\*, Girls' Stretch 3/4 Sleeve blouse

Girls/Child 3	Child/Youth XX Small	21	19
Girls/Child 4	Child/Youth X Small	22	20
Girls/Child 5	Child/Youth X Small	23	21
Girls/Child 6	Child/Youth Small	24	22
Girls/Child 7	Child/Youth Small	25	22
Girls/Child 8	Child/Youth Medium	26	23
Girls/Child 10	Child/Youth Medium	27	24
Girls/Child 12	Child/Youth Large	28	26
Girls/Child 14	Child/Youth Large	30	27
Girls/Child 16	Child/Youth X Large	31	29
Teen/Junior 0	Teen/Junior Extra Small	29	24
Teen/Junior 1	Teen/Junior Extra Small	30	25
Teen/Junior 3	Teen/Junior Small	31	26
Teen/Junior 5	Teen/Junior Small	32	28
Teen/Junior 7	Teen/Junior Medium	33	29
Teen/Junior 9	Teen/Junior Medium	34	30
Teen/Junior 11	Teen/Junior Large	35	32
Teen/Junior 13	Teen/Junior Large	36	33
Teen/Junior 15	Teen/Junior X Large	37	34

Teen 36	Teen/Junior Small	-	-	36	33
Teen 38	Teen/Junior Medium	-	-	38	35
Teen 40		-	-	40	39
Teen 42	Teen/Junior Large	-	-	42	40
Teen 44		-	-	44	42
Teen 46	Teen/Junior X Large	-	-	46	44
Teen 48		-	-	48	46

Teen/Junior 17	Teen/Junior X Large	38	35
Teen/Junior 19	Teen/Junior XX Large	39	37
Teen/Junior 21	Teen/Junior XX Large	40	39

\*For Unisex sizing, see chart below

### Unisex Polos, Turtlenecks and Oxfords

Child/Youth XX Small	3/4	20-21	20
Child/Youth X Small	5/6	22-23	22
Child/Youth Small	7/8	24-25	24
Child/Youth Medium	10/12	26-28	26
Child/Youth Large	14/16	29-31	28
Child/Youth X Large	18/20	32-33	30
Teen/Adult Small	-	33-34	32
Teen/Adult Medium	-	36-38	34
Teen/Adult Large	-	40-42	36
Teen/Adult X Large	-	43-45	38
Teen/Adult XX Large	-	46-48	40

### Unisex Sweaters and Outerwear

Child/Youth XX Small	4/5	21-23	21
Child/Youth X Small	6/7	24-25	24
Child/Youth Small	8/10	25-26	25
Child/Youth Medium	12/14	28-29	28
Child/Youth Large	16/18	30-31	30
Child/Youth X Large	20	32-35	32
Teen/Adult Small	-	35-36	34
Teen/Adult Medium	-	37-40	36
Teen/Adult Large	-	41-44	38
Teen/Adult X Large	-	46-49	40
Teen/Adult XX Large	-	50-52	42

### Girls' Knit Tennis Dress and Peter Pan Knit Dresses

Toddler 2	33-34	25-28
Toddler 3	35-36	29-32
Toddler 4	37-39	33-34
Child/Youth XX Small	40-42	34-38
Child/Youth X Small	43-48	39-48
Child/Youth Small	49-54	49-68
Child/Youth Medium	55-60	69-95
Child/Youth Large	61-62	99-110
Child/Youth X Large	63-64	111-120

Girls' Front-zip Jumper, Girls' Round neck Jumper, Girls' Shldr-button Jumper, Girls' Sailor Dress, Girls' Round Neck Bib Jumper, Girls' V-front Jumper, Girls' Wrap Skort

Toddler 2	Child XXX Small	33-34	25-28	20	-	-
Toddler 3	Child XX Small	35-36	29-32	20	-	-
Toddler 4	Child XX Small	37-38	33-34	21	-	-
Girls/Child 3	Child X Small	36-37	30-34	22	20	21
Girls/Child 4	Child X Small	37-42	34-40	23	21	22
Girls/Child 5	Child Small	39-44	38-42	24	22	23



Girls/Child 6	Child Small	43-48	42-50	25	23	24
Girls/Child 7	Child Small	47-52	50-56	26	24	25
Girls/Child 8	Child Medium	50-53	55-61	27	25	26
Girls/Child 10	Child Medium	51-55	59-69	28	26	27
Girls/Child 12	Child Medium	55-60	67-85	29	27	28
Girls/Child 14	Child Large	57-61	84-95	30	28	30
Girls/Child 16	Child Large	59-63	94-104	31	29	31
Girls/Child 8.5 Half	Child Large	-	-	29	28	29
Girls/Child 10.5 Half	Child Large	-	-	31	30	31
Girls/Child 12.5 Half	Child X Large	-	-	33	32	33
Girls/Child 14.5 Half	Child X Large	-	-	35	33	35
Girls/Child 16.5 Half	Child XX Large	-	-	37	35	37

Girls' Tunic Dress, Girls' Center-pleat Jumper, Girls' Tunic Jumper, Girls' Princess Jumper, Girls' Peter Pan Smock/Dress

Toddler 2	Child XXX Small	33-34	25-28	20	-	19
Toddler 3	Child XX Small	35-36	29-32	20	-	20
Toddler 4	Child XX Small	37-38	33-34	21	-	21
Girls/Child 3	Child X Small	36-37	30-34	22	20	22
Girls/Child 4	Child X Small	37-42	34-40	23	21	24
Girls/Child 5	Child Small	39-44	38-42	24	22	25
Girls/Child 6	Child Small	43-48	42-50	25	23	27
Girls/Child 7	Child Small	47-52	50-56	26	24	29
Girls/Child 8	Child Medium	50-53	55-61	27	25	30
Girls/Child 10	Child Medium	51-55	59-69	28	26	32
Girls/Child 12	Child Medium	55-60	67-85	29	27	34
Girls/Child 14	Child Large	57-61	84-95	30	28	35
Girls/Child 16	Child Large	59-63	94-104	31	29	37
Teen/Junior 1	-	-	-	29	-	36
Teen/Junior 3	-	-	-	30	-	37
Teen/Junior 5	-	-	-	31	-	37.5
Teen/Junior 7	-	-	-	32	-	38
Teen/Junior 9	-	-	-	34	-	38.5
Teen/Junior 11	-	-	-	35	-	39
Teen/Junior 13	-	-	-	37	-	39.5
Teen/Junior 15	-	-	-	38	-	40
Teen/Junior 17	-	-	-	40	-	40.5
Teen/Junior 19	-	-	-	41	-	41
Teen/Junior 21	-	-	-	43	-	41.5

Girls' Box-pleat (reg) Skirt, Girls' Box-pleat (reg) Skort, Girls' Six-pleat with yoke Skirt, Girls' Six-pleat with yoke Skort, Girls' Kilt Skirt with yoke, Girls' Side-zip Skort



Girls/Child 3	34-37	30-34	22	27	12	-
Girls/Child 4	37-42	34-40	23	27	13	-
Girls/Child 5	39-44	38-42	24	27	14	-
Girls/Child 6	43-48	42-50	25	29	15	-
Girls/Child 7	47-52	50-56	25.5	29	16	-
Girls/Child 8	50-53	55-61	26	31	17	-
Girls/Child 10	51-55	59-69	27	32.5	17.5	19.5
Girls/Child 12	55-60	67-85	28	34	18	20
Girls/Child 14	57-61	84-95	29	35.5	18.5	20.5
Girls/Child 16	59-63	94-104	30	37	18.5	20.5
Teen/Junior 0	-	-	26	33	19	21
Teen/Junior 1	-	-	27	34	19	21
Teen/Junior 3	-	-	28	35	19	21
Teen/Junior 5	-	-	29	36	19	21
Teen/Junior 7	-	-	30	37	19	21
Teen/Junior 9	-	-	31	38	19	21
Teen/Junior 11	-	-	32	39	19.5	21.5
Teen/Junior 13	-	-	33	40	20	22
Teen/Junior 15	-	-	35	42	20	22
Teen/Junior 17	-	-	37	44	20.5	22.5
Teen/Junior 19	-	-	39	46	21	23
Teen/Junior 21	-	-	41	48	21	23

Girls' Four-pleat Skirt, Girls' 2-in-1 Skort, Girls' Knife-pleat Skirt, Girls' Classic Culotte, Girls' A-line Skirt, Girls' Pleated Side-tab Skort, Girls' Pull-on Skort with Side Pocket

Girls/Child 3	34-37	30-34	20	26	13	11	-
Girls/Child 4	37-42	34-40	21	27	13	12	-
Girls/Child 5	39-44	38-42	22	28	14	13	-
Girls/Child 6	43-48	42-50	23	29	15	14	-
Girls/Child 7	47-52	50-56	24	30	16	15	17
Girls/Child 8	50-53	55-61	25	31	17	16	17.5
Girls/Child 10	51-55	59-69	26	32	17.5	17	18
Girls/Child 12	55-60	67-85	27	33	18	18	18.5
Girls/Child 14	57-61	84-95	28	34	19	19	19
Girls/Child 16	59-63	94-104	29	35	19.5	20	19.5
Girls/Child 8.5 Half	-	-	29	38	-	18	-
Girls/Child 10.5 Half	-	-	30	40	-	19	-
Girls/Child 12.5 Half	-	-	32	42	-	20	-

Girls/Child 14.5 Half	-	-	33	43	-	21	-
Girls/Child 16.5 Half	-	-	35	45	-	21	-
Teen/Junior 0	-	-	24	33	19	19	20
Teen/Junior 1	-	-	25	34	19	19	20
Teen/Junior 3	-	-	26	35	19	20	20
Teen/Junior 5	-	-	27	36	19	20	21
Teen/Junior 7	-	-	28	37	19	20	21
Teen/Junior 9	-	-	29	38	20	20	21
Teen/Junior 11	-	-	30	40	20	21	21
Teen/Junior 13	-	-	31	41	20	21	22
Teen/Junior 15	-	-	33	43	21	21	22
Teen/Junior 17	-	-	35	45	21	21	22
Teen/Junior 19	-	-	37	46	21	22	23
Teen/Junior 21	-	-	39	48	21	22	23

## Girls' Kilt Skirts

Girls/Child 4	37-42	34-40	21	27	12
Girls/Child 5	39-44	38-42	21.5	28	13
Girls/Child 6	43-48	42-50	22	29	14
Girls/Child 7	47-52	50-56	23	29.5	15
Girls/Child 8	50-53	55-61	24	30	16
Girls/Child 10	51-55	59-69	25	32	16.5
Girls/Child 12	55-60	67-85	26	33	17
Girls/Child 14	57-61	84-95	27	34	17.5
Girls/Child 16	59-63	94-104	29	35	17.5
Teen/Junior 0	-	-	25	32	19
Teen/Junior 1	-	-	26	33	19
Teen/Junior 3	-	-	27	34	19
Teen/Junior 5	-	-	28	35	19
Teen/Junior 7	-	-	29	36	19
Teen/Junior 9	-	-	30	37	19
Teen/Junior 11	-	-	31	38	19.5
Teen/Junior 13	-	-	32	39	19.5
Teen/Junior 15	-	-	34	41	20
Teen/Junior 17	-	-	36	43	20.5
Teen/Junior 19	-	-	38	45	20.5
Teen/Junior 21	-	-	40	47	21

Girls' City Shorts, Girls' Cotton/poly Flat-front Shorts, Girls' Cotton/Poly Flat-front Pants, Girls' Stretch-twill Flat-front Pants, Girls Slim Pants, Women's Super Stretch Skinny Mid-rise 5 Pkt Jegging

Girls/Child 3	34-37	30-34	20	24	23	-
Girls/Child 4	37-42	34-40	21	25	24	-
Girls/Child 5	39-44	38-42	22	26	25	-
Girls/Child 6	43-48	42-50	23	27	26	-
Girls/Child 7	47-52	50-56	24	28	28	-
Girls/Child 8	50-53	55-61	25	29	29	-
Girls/Child 10	51-55	59-69	26	30	30	-
Girls/Child 12	55-60	67-85	27	31	31	-
Girls/Child 14	57-61	84-95	28	32	32	-
Girls/Child 16	59-63	94-104	29	33	33	-
Girls/Child 8.5 Half	-	-	28	38	-	-
Girls/Child 10.5 Half	-	-	30	39	-	-
Girls/Child 12.5 Half	-	-	32	40	-	-
Girls/Child 14.5 Half	-	-	33	41	-	-
Girls/Child 16.5 Half	-	-	35	43	-	-
Teen/Junior 0	-	-	24	33	32	30
Teen/Junior 1	-	-	25	34	33	31
Teen/Junior 3	-	-	26	35	34	32
Teen/Junior 5	-	-	27	36	35	33
Teen/Junior 7	-	-	28	37	36	34
Teen/Junior 9	-	-	29	38	37	35
Teen/Junior 11	-	-	30	39	38	36
Teen/Junior 13	-	-	31	40	39	37
Teen/Junior 15	-	-	33	41	40	38
Teen/Junior 17	-	-	35	42	41	39
Teen/Junior 19	-	-	37	44	43	40
Teen/Junior 21	-	-	39	45	44	41

Infants and Toddlers Pullover and Pull-on Styles

12 Month	25-28	17-22	16
18 Month	29-30	22-27	17
24 Month	31-33	27-30	18
Toddler 2	33-34	30-32	18
Toddler 3	35-36	33-36	18.5
Toddler 4	37-39	37-40	19
Child 5	39-44	38-42	19.5
Child 6	43-52	42-50	20



Girls/Teen/Junior Feminine  
Fit Blazers

Girl 6	25	15	10
Girl 8	27	16	11
Girl 10	29	17	12
Girl 12	30	18	13
Girl 14	32	19	14
Girl 16	34	20	15
Teen/Junior 0	29	21.75	17
Teen/Junior 0L	29	23.75	18
Teen/Junior 1	30	22	17
Teen/Junior 1L	30	24	18
Teen/Junior 3	31	22.25	17
Teen/Junior 3L	31	24.25	18
Teen/Junior 5	32	22.5	17
Teen/Junior 5L	32	24.25	18
Teen/Junior 7	33	22.75	17
Teen/Junior 7L	33	24.75	18
Teen/Junior 9	34	23	17
Teen/Junior 9L	34	25	18
Teen/Junior 11	35	23.25	17
Teen/Junior 11L	35	25.25	18
Teen/Junior 13	37	23.5	17.5
Teen/Junior 13L	37	25.5	18.5
Teen/Junior 15	38	23.75	17.5
Teen/Junior 15L	38	25.75	18.5
Teen/Junior 17	40	24	17.5

Girls/Ladies Poly Classic  
Blazer

Girls 10	29	22
Girls 12	30	23
Girls 14	32	24
Girls 16	34	25
Girls 18	35	26
Ladies 2	31	26
Ladies 4	32	26.25
Ladies 6	33	26.5
Ladies 8	34	26.75
Ladies 10	35	27
Ladies 12	36	27.25
Ladies 14	38	27.5
Ladies 16	39	27.75
Ladies 18	41	28
Ladies 20	44	28.25
Ladies 2 Long	31	28
Ladies 4 Long	32	28.25
Ladies 6 Long	33	28.5
Ladies 8 Long	34	28.75
Ladies 10 Long	35	29
Ladies 12 Long	36	29.25
Ladies 14 Long	38	29.5
Ladies 16 Long	39	29.75
Ladies 18 Long	41	30
Ladies 20 Long	44	30.25

Girls'/Ladies' 100% Wool  
Fitted Blazer

Girls 10	29	17
Girls 12	30	18
Girls 14	32	19
Girls 16	34	20
Girls 18	35	21
Ladies 2	31	22.5
Ladies 4	32	22.75
Ladies 6	33	23
Ladies 8	34	23.25
Ladies 10	35	23.5
Ladies 12	36	23.75
Ladies 14	38	24
Ladies 16	39	24.25
Ladies 18	41	24.5
Ladies 20	44	25
Ladies 2 Long	31	24.5
Ladies 4 Long	32	24.75
Ladies 6 Long	33	25
Ladies 8 Long	34	25.25
Ladies 10 Long	35	25.5
Ladies 12 Long	36	25.75
Ladies 14 Long	38	26
Ladies 16 Long	39	26.25
Ladies 18 Long	41	26.5
Ladies 20 Long	44	27

Teen/Junior 17L	40	26	18.5
Teen/Junior 19	43	24.25	17.5
Teen/Junior 19L	43	26.25	18.5
Teen/Junior 21	46	25.5	17.5
Teen/Junior 21L	46	26.5	18.5
Teen/Junior 23	48	25.75	17.5
Teen/Junior 23L	48	26.75	18.5

\* Junior size blazers generally fit 4'11" -5'4" and Junior long size blazers generally fit 5'5" and over

## Unisex Style Blazers\*\*

Child/Youth 4	20	17	8.5
Child/Youth 5	22	18.125	9.5
Child/Youth 6	24	19.25	10.5
Child/Youth 7	25	20.375	11.5
Child/Youth 8	26	21.375	11.625
Child/Youth 10	27	22.5	12.625
Child/Youth 12	28	23.75	13.5
Child/Youth 14	30	25	14.375
Child/Youth 16	32	26.25	15.375
Child/Youth 18	33	27.5	15.75
Child/Youth 20	35	28.875	16.125

\*\* Boxy cut, size down if you want a closer fit

## Unisex Athletic Wear and Sweatshirts

Child/Youth XX Small	5/6	18-20	20
Child/Youth X Small	6/7	21-23	22
Child/Youth Small	8	24-26	24
Child/Youth Medium	10/12	27-29	25
Child/Youth Large	14/16	30-32	26
Child/Youth X Large	18/20	33-35	27
Teen/Adult Small	-	32-34	28
Teen/Adult Medium	-	35-37	30
Teen/Adult Large	-	38-40	32

## Girls' Tights, Leggings, Bike Shorts and Girls' Gym Shorts

Child/Youth XX Small	33-38	28-38	20
Child/Youth X Small	39-45	38-50	22
Child/Youth Small	45-51	50-62	23
Child/Youth Medium	51-56	62-74	24
Child/Youth Large	56-64	74-110	25
Teen/Adult Small	61-65	95-130	26
Teen/Adult Medium	63-67	125-160	30
Teen/Adult Large	67-72	155-180	34
Teen/Adult Extra Large	70-72	180-200	38



Teen/Adult X Large	-	41-44	40
Teen/Adult XX Large	-	45-48	40
Teen/Adult XXX Large	-	49-52	44

## Girls' Socks

Child/Youth X Small	7.5-11.5	3 to 5 yrs
Child/Youth Small	9-2.5	4 to 7 yrs
Child/Youth Medium	2.5-5	6 to 9 yrs
Child/Youth Large	4-10	10 and up
Child/Youth X Large	6-12	Tall

## Belt sizing

Extra-Small	18-20	22
Small	21-24	26
Medium	25-28	30
Large	29-32	34
Extra-Large	33-36	38
Double Extra-Large	37-40	42
Triple Extra-Large	41-44	46

\* Note that for belts, buy 2" larger than waist size

Updated 06/05/2020

## Boys' Sizing Charts

### Unisex Polos, Turtlenecks and Oxfords

Child/Youth XX Small	3/4	20-21	20
Child/Youth X Small	5/6	22-23	22
Child/Youth Small	7/8	24-25	24
Child/Youth Medium	10/12	26-28	26
Child/Youth Large	14/16	29-31	28
Child/Youth X Large	18/20	32-33	30
Teen/Adult Small	-	33-34	32
Teen/Adult Medium	-	36-38	34
Teen/Adult Large	-	40-42	36
Teen/Adult X Large	-	43-45	38
Teen/Adult XX Large	-	46-48	40

### Unisex Sweaters and Outerwear

Child/Youth XX Small	4/5	21-23	21
Child/Youth X Small	6/7	24-25	24
Child/Youth Small	8/10	25-26	25
Child/Youth Medium	12/14	28-29	28
Child/Youth Large	16/18	30-31	30
Child/Youth X Large	20	32-35	32
Teen/Adult Small	-	35-36	34
Teen/Adult Medium	-	37-40	36
Teen/Adult Large	-	41-44	38
Teen/Adult X Large	-	46-49	40
Teen/Adult XX Large	-	50-52	42

## Boys' Pants and Shorts

Boys/Child 3	19	-	-	13	
Boys/Child 4	20	-	-	15	
Boys/Child 5	21	-	-	17.5	
Boys/Child 6	22	-	-	20	
Boys/Child 7	22.5	-	-	21	
Boys/Child 8	24	22	27	23	24
Boys/Child 10	25	23	28	25	25
Boys/Child 12	26	24	29	27	26
Boys/Child 14	27	25	31	28	27
Boys/Child 16	28	26	32	29	28



Boys/Child 18	29	27	34	30	29
Boys/Child 20	30	28	35	31	30

## Infants and Toddlers Pullover and Pull-on Styles

12 Month		25-28		17-22	16
18 Month		29-30		22-27	17
24 Month		31-33		27-30	18
Toddler 2		33-34		30-32	18
Toddler 3		35-36		33-36	18.5
Toddler 4		37-39		37-40	19
Child 5		39-44		38-42	19.5
Child 6		43-52		42-50	20
Child 7		47-53		50-56	20.5

## Men's Pants and Shorts

Waist 28	28	30	32	34
Waist 29	29	30	32	34
Waist 30	30	30	32	34
Waist 31	31	30	32	34
Waist 32	32	30	32	34
Waist 33	33	30	32	34
Waist 34	34	30	32	34
Waist 36	36	30	32	34
Waist 38	38	30	32	34
Waist 40	40	30	32	34
Waist 42	42	30	32	34
Waist 44	44	30	32	34
Waist 46	46	30	32	34
Waist 48	48	30	32	34

\* Unhemmed are available in certain styles - please call Mills' Customer Service for information.

## Unisex - Boys' and Men's Blazers

Child/Youth 4	20	17	8.5
Child/Youth 5	22	18.125	9.5
Child/Youth 6	24	19.25	10.5
Child/Youth 7	25	20.375	11.5
Child/Youth 8	26	21.375	11.625
Child/Youth 10	27	22.5	12.625

## Ties

Child/youth 11	11	Pre-Tied	under 50"
Child/youth 14	14	Pre-Tied	52" to 58"
Teen/Adult 48	48	Not Pre-Tied	59" to 64"
Teen/Adult 54	54	Not Pre-Tied	65" to 71"
Teen/Adult 60	60	Not Pre-Tied	over 72"

## Boys' Crew Socks

Child/Youth 12	28	23.75	13.5
Child/Youth 14	30	25	14.375
Child/Youth 16	32	26.25	15.375
Child/Youth 18	33	27.5	15.75
Child/Youth 20	35	28.875	16.125
Husky 8	27	21.125	11.375
Husky 10	28	22.375	12.375
Husky 12	29	23.5	13.375
Husky 14	31	24.75	14.25
Husky 16	33	26	15.25
Husky 18	34	27.25	15.625
Husky 20	36	28.75	16
34 Short	34	28	16
34 Regular	34	30	17
34 Long	34	32	19
36 Short	36	28.25	16
36 Regular	36	30.25	17
36 Long	36	32.25	19
38 Short	38	28.5	16
38 Regular	38	33.5	17
38 Long	38	35.5	19
40 Short	40	28.75	16
40 Regular	40	30.75	17
40 Long	40	32.75	19
42 Short	42	29	16
42 Regular	42	31	17
42 Long	42	33	19
44 Short	44	30.25	16
44 Regular	44	32.25	17
44 Long	44	34.25	19

\* Short generally fits 5'4" - 5'8", Regular fits 5'9" - 5'11" and Long generally fits 6'0" - 6'3"

## Unisex Athletic Wear and Sweatshirts

Child/Youth XX Small	5/6	18-20	20
Child/Youth X Small	6/7	21-23	22
Child/Youth Small	8	24-26	24
Child/Youth Medium	10/12	27-29	25

Child/Youth Small	8-1.5	4 to 7 yrs
Child/Youth Medium	11-3.5	6 to 9 yrs
Child/Youth Large	4-6.5	'10 and up
Child/Youth X Large	7-13	'Tall

## Belt sizing

Extra-Small	18-20	22
Small	21-24	26
Medium	25-28	30
Large	29-32	34
Extra-Large	33-36	38
Double Extra-Large	37-40	42
Triple Extra-Large	41-44	46

\* Note that for belts, buy 2" larger than waist size



Child/Youth Large	14/16	30-32	26
Child/Youth X Large	18	33-35	27
Teen/Adult Small	-	32-34	28
Teen/Adult Medium	-	35-37	30
Teen/Adult Large	-	38-40	32
Teen/Adult X Large	-	41-44	36
Teen/Adult XX Large	-	45-48	40
Teen/Adult XXX Large	-	49-52	44

Updated 06/05/2020

## MEASURING GUIDE

Measure in inches, around the fullest part of the chest or bust, waist and hip, keeping tape level and snug but not tight. See our [product videos](#) for more detailed guidance on measuring for some of our pleated skirts.

**Bust/Chest:** Around the fullest part of chest.

**Sleeve Inseam:** From armpit to wrist.

**Center Back Length:** From neck to shirttail.

**Natural Waist:** Around the narrowest part of the torso.

**Dropwaist:** Around the waist at 1 inch (2.5 cm) below the belly button.

**Hips:** Around fullest part of the hips (make sure your child stands straight with feet together).

**Inseam:** From top of inner thigh to bottom of ankle bone \*or\* using a pair of pants that fit, measure the inside of the leg from crotch seam to hem line.

